

2010-11  
Athletic Handbook  
Athletes/Parents/Coaches



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## **Introduction**

Athletics are an important part of All Saints' Academy's mission to develop successful, productive students. This handbook has been provided as a guide to athletes, parents and coaches concerning their responsibilities and as an informational source about the policies and expectations of the Athletic Department. Although intended to cover all aspects of interscholastic sports here at All Saints, there will be questions that occur that may not be answered. We encourage questions and ask that everyone concerned keep a positive, common sense approach to issues that arise during the upcoming sports seasons.

## **Philosophy**

As an integral part of All Saints' Academy's commitment to excellence, participation in athletics seeks to foster a life long enjoyment of physical activity and fitness. The lessons learned by participating in interscholastic athletics; self discipline, sportsmanship, commitment, enthusiasm, and a sense of teamwork, help to develop a strong foundation for success in life beyond high school and college.

In order for students to have a positive experience throughout their careers at All Saints', the Athletic Department will make every effort to provide the best environment, coaches and facilities possible

At the varsity level, the goal is to field a team with the best chance of winning while continuing to develop players for future years, always observing the highest standards of sportsmanship. On the junior varsity and middle school teams, our aim is to teach and instruct the rules, fundamentals, and skills of various individual and team sports. All Saints' currently offers 29 teams in 14 sports, all of which operate under the guidelines of the FHSAA.

## **Sportsmanship**

All Saints' teams and individual athletes will compete hard, fairly, and respectfully "between the lines" with our opponents. As a basic principle, we believe that the lessons learned from fairly played athletics, whether interscholastic or recreational, including both games and practices, are of benefit to our students and our school. Sportsmanship here at All Saints' includes being appreciative of all good plays, both by our team and our opponent. The expectation is that we will cheer for our team, not against our opponent. When such terms as "proper conduct" and "good sportsmanship" are mentioned they refer to such standards as these:

- Treat other persons as you know they should be treated, and as you wish them to treat you.
- Regard the rules of your game as agreements, the spirit or letter of which you should not evade or break.
- Treat officials and opponents with respect.
- Accept absolutely and without quarrel the final decision of any official.
- Honor visiting teams and spectators as your own guests and treat them as such.. Likewise, behave as an honored guest when you visit another school.
- Be gracious in victory and defeat.
- Be as cooperative as you are competitive.
- Remember that your actions on and off the field reflect on you, your team and All Saints' Academy.

### **Guidelines for Players**

- Players shall at all times represent themselves and All Saints' Academy with honor, proper conduct and good sportsmanship. They should understand that competitive rivalries are encouraged, but that disrespect for opponents is unsportsmanlike and lessens the value of the rivalries. They shall confine the competitiveness of the game to the field, and in particular behave properly on the sidelines and in the locker rooms both before and after games.
- They shall comply fully with the rulings of the officials. In no way, either by voice, action or gesture, should they demonstrate their dissatisfactions with the decisions made.
- Players will not deface property or remove equipment of any kind from All Saints' Academy or another school.

### **Guidelines for Spectators**

- Spectators, whether students, faculty, parents, alumni or friends, bear important responsibilities to the school for the atmosphere and conduct of games, both at home and away.
- Spectators should watch games from those areas defined by each school as spectator areas. They must not run up and down sidelines, call to players, coaches or officials in an unsportsmanlike manner, go onto the field of play or deface property. Any action that detracts from the ability of coaches, players, and officials to do their best is not acceptable.
- Faculty members should remember that their responsibilities for student discipline and behavior extend to disciplining and controlling students who misbehave as spectators.
- The use of alcohol and illegal drugs will not be associated with any athletic event.

### **Affiliation**

All Saints' Academy is a member of the Florida High School Athletic Association (FHSAA), which governs member schools, both public and private, throughout the state. All Saints' adheres to the spirit and intent of all FHSAA policies, procedures and bylaws. Questions about FHSAA bylaws or policies should be directed to the Athletic Director.

### **PE Requirement**

ASA's Physical Education requirement is 1 credit per student during grades 9-12. Students who participate in an after-school sport during grades 9-12 will receive ½ credit for each season of participation. A student who discontinues participation in a sport during the season will not receive credit.

### **Eligibility/Participation Requirements**

**Forms** – The following forms must be on file at All Saints' Academy:

- **FHSAA Physical Exam** – Students must have a physician's signature on an official FHSAA physical form stating that they are physically fit for interscholastic athletic competition. The certificate must be dated any time after April 1 of the previous school year. (FHSAA Bylaw 11.8).
- **FHSAA Consent and Release** – Both the student and the parent/guardian are required to complete and sign the official FHSAA Consent and Release form. The student medical insurance policy information must be fully completed (FHSAA Bylaw 11.7).
- **Birth Certificate** – A copy of the student's birth certificate must be on file at All Saints' Academy.

**Academic Eligibility** – Per the FHSAA, a student must have a cumulative high school grade point average (from the 9th grade on) of 2.0 or above on a 4.0 unweighted scale at the conclusion of each semester to be eligible during the following semester. A student whose cumulative GPA is below 2.0 at the conclusion of a semester shall not be eligible during the following semester.

**Age** – Students must be less than 19 years 9 months old to participate in high school and less than 15 years 9 months old to participate in middle school. A student participating in a sport while reaching the stated age may complete that season but is ineligible for any remaining sports' seasons (FHSAA Bylaw 11.6).

**Sportsmanship** – Students must display good sportsmanship and follow the rules of competition in every contest in which they participate. If not, students may be barred from participation for a period of time (FHSAA Bylaw 11.11).

### **Transfers**

Students must transfer from their previous school prior to the first day of school at All Saints' Academy to ensure athletic eligibility. Students who transfer after the first 10 days of school could be deemed ineligible by the FHSAA for the entire school year. If a student transfers on or after the first day of practice in a sport, they cannot participate in that sport, but may be able to participate in other sports later in the year. If a student transfers from a school at which they were ineligible because of disciplinary action or unsatisfactory conduct, they will be ineligible at All Saints' for one full semester (FHSAA Bylaw 11.4.2 and 11.4.10).

If a student at their previous school participated on a non school team (i.e. AAU, American Legion, club, etc), which is affiliated with or coached by a coach from the student's new school, it will be assumed the student has been recruited to attend that school and may be ineligible there for one year pending an appeal to the FHSAA (FHSAA Bylaw 11.4.12).

### **All Saints' Academy Sports Offerings**

<u><b>Fall</b></u>	<u><b>Start Dates</b></u>
Cheerleading (Varsity, JV)	8/9/10
Cross Country – Boys and Girls (Varsity)	8/16/10
Football (Varsity)	8/9/10
Golf – Boys and Girls (Varsity)	8/9/10
Swimming & Diving – Boys and Girls (Varsity)	8/9/10
Volleyball (Varsity, JV)	8/9/10 (MS 8/23)
MS Boys Soccer	8/23/10
<u><b>Winter</b></u>	
Basketball – Boys (Varsity, JV)	11/1/10 (MS 11/29)
Basketball – Girls (Varsity, JV)	10/25/10 (MS 11/29)
Soccer – Boys (Varsity)	10/18/10
Soccer – Girls (Varsity)	10/11/10
<u><b>Spring</b></u>	
Baseball (Varsity, JV)	1/17/11
Softball (Varsity)	1/10/11
Track & Field – Boys and Girls (Varsity)	1/17/11
Tennis – Boys and Girls (Varsity)	1/31/11
MS Girls Soccer	2/22/11
Lacrosse - Boys and Girls (Varsity)	1/17/11 (MS 2/22)
MS Flag Football	2/22/11

### **Student Managers/ Student Information Directors (SID)**

Student Managers/SID are valuable assets to our athletic teams. Students desiring to serve as managers/SID should contact the Athletic Director and the head coach. Student managers and SID are required to meet and follow all rules and regulations pertaining to athletics and may earn varsity letters by meeting the same criteria as team members.

### **Assumed Risk**

Providing a safe environment for practice and competition is a priority for everyone involved in the athletic program. All measures are taken to ensure the safety and well-being of all participants. Student/athletes and parents must be aware, however, that the risk of injury is inherent in athletic participation. Accidents ranging from minor to severe may occur. It is mandatory that the parents or guardians of all athletes sign an FHSAA Consent Form before they are allowed to participate in athletics at All Saints' Academy. By signing this form, parents and guardians acknowledge the risks associated with playing sports.

### **Emergency/Injury Procedures**

For health related emergencies, parents will be notified as soon as possible. The coach or trainer will inform parents as to the type of injury, what has been done to treat the injury, and whether further medical attention is necessary. It is important always to err on the side of caution.

If a student has been taken to a doctor or hospital, parents will be informed of the exact location and phone number. The purpose of the FHSAA Consent Form is so that emergency treatment can begin before the parents arrive. The Athletic Director should also be informed by the coaching staff of any emergency situation as soon as possible.

- An injury report must be filled out on all injuries and turned in to the athletic office the following day.
- All teams must have a first aid kit. It is the coach's responsibility to keep it clean and stocked.
- Players should not be allowed to drive immediately following an injury. It is the coach's responsibility to either take the injured player home, to the hospital if necessary, or wait until they can be transported by their parents or emergency vehicle.

Any student receiving physician's care for an injury or illness, which results in loss of time from athletic play, must provide a note from that physician clearing him/her to return without restriction to athletic competition. Any student who suffers a loss of consciousness during a practice or contest may not resume athletic participation until receiving written clearance from a physician.

If a team vehicle breaks down, the Athletic Director and team parents should be called as soon as possible to arrange alternate transportation. A Coach must stay with the students. If the students and coach leave the vehicle they must do so as a group.

### **Attendance**

All Saints' Academy requires that a student must be in school a minimum of half a day in order to participate in a practice or game that same day. A full day's excused absence may still entitle a student to participate pending permission from the Division Head and the Athletic Director.

Athletes are expected to attend every practice. Any absences may result in diminished playing time, not out of punishment, but rather in fairness to those who have regularly attended practice. Repeated, unexcused absences may result in dismissal from the team.

### **Early Dismissal**

Students are allowed to miss only one day or part of one day per week to participate in athletic contests (FHSAA Policy 5.A.3). Students must sign out at the Mack Hall front desk and are responsible for any class work that is missed.

### **Away Games/Transportation**

Coaches are responsible for all aspects of chaperoning for road contests and are encouraged to use the following guidelines:

- Prepare a checklist for all equipment needed
- Have players double check their equipment before departure
- Take all permission to travel and emergency medical forms
- Re-emphasize that we are guests in someone else's home when playing on the road
- Enforce proper discipline on the bus – clean the bus upon arrival back at All Saints' Academy
- Stay with all students upon return to All Saints' Academy until everyone has been picked up

Transportation to and from contests will be provided by the school to the greatest extent possible. Team members are expected to travel to and from school contests with the team. Under extenuating circumstances, team members may discuss alternate arrangements with the coach involved. Students may not drive out of the county. A coach must travel with and be responsible for maintaining team control at all times.

- In order to help with the numerous requests for drivers, all coaches are strongly encouraged to get their CDL bus license. Parents with a CDL license (with passenger endorsement) may also drive team buses after having a National Background check conducted through the Headmaster's office. Please call the athletic office to review documentation and/or coordinate testing and approval.
- Students may be picked up at an away contest by a parent or legal guardian only. This must be cleared with the coach ahead of time. Coaches must remain at the practice or game site until all team members are picked up.
- Students may not ride with another student without an approved transportation waiver in the possession of the coach and/or Athletic Director.

### **Overnight Trip Guidelines**

All rules that govern students on campus are in effect on trips as well. Any violation of school rules could result in temporary suspensions from a team, removal from a team for the remainder of the season, or withdrawal from the school. Students/parents must complete a pre-arranged absence form if any class time will be missed.

Coaches should abide by the following guidelines for overnight trips

- Obtain permission from the Athletic Director prior to scheduling.
- For planning purposes, schedule trips as early as possible relative to the All Saints' Academy calendar.
- The number of students to coaches/chaperones should be a 10 to 1 ratio. Male and female chaperones are required for mixed groups regardless of the numbers of travelers.
- Chaperoning is a 24 hour responsibility. No personal plans should be made that interfere with chaperone duties. Chaperone duties include but are not limited to curfew, bed check, hotel check-in and check-out procedures, and transportation and meal arrangements.
- Meals should be planned for the entire group at one location. If blocks of time exist longer than one hour, group activities should be planned. All parties in the group must attend.
- Take copies of student permission slips and emergency medical forms
- Issue itineraries to parents of every student on the trip - include the address and phone number of destinations and the schools we are competing against. The Headmaster, Division Head, school receptionist and the Athletic Director should also get copies of the itinerary. This includes summer travel.
- Take a personal cell phone or one issued by the athletic office. Make sure parents and the athletic office are aware of personal cell numbers.

### **Inclement Weather**

In the case of inclement or threatening weather, coaches in conjunction with the athletic office must make a decision as early as possible but no later than 3:30 concerning the status of practices or games for that day so that parents and students can be notified. Coaches must consult the athletic office prior to making a decision. The athletic office will then notify the office, the school receptionist, and the other school if a scheduled contest is cancelled.

### **Directions to away Contests**

Directions are posted on the ASA web site with a link to Map Quest. If you have any questions, please call the athletic office.

### **Parent/Coach Communication**

Parenting and coaching are each difficult tasks. Understanding each other's roles and following the proper channels of communication will enable parents and coaches to best work together to provide a meaningful experience for student athletes while they are participating in sports at All Saints'.

At the core of any good relationship is trust. It is important to understand there may be times when things do not go the way athletes, parents and coaches want them to. There may be times when it is difficult for parents to understand how playing time is allotted, why players are

playing certain positions, strategy, etc. Parents and athletes must trust our coaches to do the right thing for the team and all individuals involved. Parents should also remember that the coaches are the ones with the team on a daily basis and therefore will make decisions based on the results of practice and what they feel is in the best interest of the team. Playing time, players' positions and game strategy will be at the sole discretion of the coaching staff.

Parents should notify coaches of any health issues concerning their student/athlete. Also, please let coaches know well in advance of any schedule conflicts.

### **Pre Season Parent Meetings**

Coaches will hold a meeting with parents prior to the start of the season. Parents are strongly urged to attend. During the meeting, the coach will address:

- Philosophy of the coach, both generally and specific to their sport
- Locations and times of practices and contests
- Expectations of the players and the team
- Procedure for making cuts
- Requirements for earning a letter
- Team rules and repercussions for violations
- Injury and emergency medical procedures
- Emphasize that each athlete has a valid Physical and Consent form on file
- Role of parents in terms of volunteer help, team meals, game day help, etc.

### **Booster Club**

The goals of the All Saints' Academy Booster Club are to increase interest and participation in the All Saints' Academy athletic program, and to help parents, coaches and students form positive relationships. The club also aims to work closely with all other school organizations in promoting athletics and school spirit. To accomplish these goals the club:

- Handles all admissions and concessions for athletic contests through their team parent program
- Provides supplemental financial support for the athletic department and all the individual teams
- Coordinates the annual Kick Off BBQ, Spirit Wear, Fundraising, Concession, Gate and Work Days

### **Team Parent**

Each team will have a parent volunteer to serve as a liaison between the coach and the parents. The team parent will be responsible for assigning parents to work gate and concession. **All parents are expected to participate if their child is going to play on the team.** The coach may ask the team parent to coordinate other needs such as snacks before an away game. The team parent will also be responsible for making sure the AD or Administrator on duty receives the cash boxes and report any concession inventory needs.

### Financial Policy

- The use of the Purchase Order system is the only approved way to obtain uniforms, equipment or supplies for any team affiliated with All Saints'. Requests to use athletic department funds, booster club funds, or individual team account funds must be approved and signed by the AD before items are ordered. Ordering without an approved PO will make the individual who made the order liable to pay the bill. All Saints' is not liable to pay bills for items received without an approved PO.
- All money (cash or checks) received for any athletic related event will be turned in to the AD for posting before it is deposited with the business office. This includes any and all donations whether they are designated for a specific team or not. Please respect this policy; it is in your team's best interest to have all receipts correctly accounted for.
- **Any item to be kept by the students will not be ordered until all money is collected.**
- All fundraising must be approved by the Athletic Director. Students may not hold fundraisers to pay for items that they will keep or are not reusable.

### Team Photos

Team photos are taken by the yearbook photographers, Perspective Photo Artistry. Teams may contract independent companies if they have a preference.

- All players must be in uniform when these photos are taken
- Only players, coaches and managers are allowed in the team photos
- Every effort will be made to insure that all players are present for the picture

### Uniforms

It is imperative that athletes turn in all equipment and uniforms they have been issued within one week of the end of the season. Uniforms are the property of All Saints' Academy. Official school crests/logos and colors must be used on all athletic uniforms and equipment.

Items lost or damaged beyond normal use will be billed to the parents. Since we order our uniforms in bulk, a single uniform or garment will be considerably higher in price. Not only may a single uniform be higher in price, the manufacturer may discontinue certain items making it impossible to match a single uniform with a team set. Please help us in making sure all uniforms and equipment are returned in the same condition as it was when issued. Seniors are not allowed to keep uniforms for posterity.

### Uniform Replacement Policy

- Varsity uniforms will be purchased on a need basis; usually every 4-5 years. Due to the nature of certain sports, some uniforms will last longer than 5 years and some less than 4 years.
- JV and MS uniforms will be purchased on a need basis; usually every 5-6 years
- Changes in style or fashion do not warrant purchasing new uniforms if the current uniform is still in good condition.
- If the majority of the team's uniforms are in good or excellent condition and less than ¼ in fair or poor condition, replacing the entire set is not necessary if matching replacement uniforms can be purchased.
- Whenever possible, varsity and junior varsity uniforms shall be identical. This allows for greater flexibility in sizing.

- Whenever possible, varsity uniforms will be passed down to the junior varsity and junior varsity uniforms will be passed down to middle school. This will not be done if the uniforms are in poor condition or do not fit the majority of the team properly.
- The funding for new uniforms shall come from the athletic budget and individual sports budgets. Uniforms purchased with donated funds are the property of All Saints' Academy and cannot be kept by students.
- Teams who elect to have individual names on the uniforms must be purchased by each player.
- Any contest or practice uniform or any other item to be kept by the students will not be ordered until all money is collected.

### **Team Selection/Tryouts**

- Tryouts for any team will be for a minimum of five days and are open to all academically and otherwise eligible students
- Students (varsity only) will not be cut from a team until the fifth day of official practice
- Students who cannot practice on the first official practice day because of overlapping seasons will be given five days after the conclusion of their season to try out for a team
- Athletes have a two week trial period in which they can determine whether they really want to participate. Athletes may leave a team anytime within this two week period after communicating with the coach and turning in all uniforms and equipment.
- JV and Middle School teams have a no-cut policy unless facilities limit the number of participating athletes.

### **Multi Sport Athletes**

All athletes in good academic standing are encouraged to participate in multiple sports at All Saints' Academy. There is a myth that athletes must concentrate on one sport in high school in order to play at the next level. Statistics show that very few professional and collegiate athletes participated in just one sport during their high school years.

Participating in multiple sports is not for everyone, particularly those with a true gift in a single sport. But generally speaking, a good athlete will be good in whatever sport he or she plays. The more sports our quality athletes participate in the stronger our overall athletic program will be.

- Students may participate in two sports simultaneously (or one sport and drama, dance or cheerleading) if both coaches agree, all conflicts pertaining to participation have been resolved, and no student is displaced from his/her position on the team by the multi sport athlete.

### **Quitting**

- Quitting a team is never a good solution unless it is for health, family or academic reasons. A conference between the athlete, coach, the Athletic Director and possibly the athlete's parents should take place before anyone is permitted to leave a team
- Athletes who quit a team for academic reasons will not be allowed to rejoin either a current or subsequent team without permission of the Athletic Director and/or the Head of the Upper School.
- A player committed to one sport may not quit during the season to participate in another sport

### **Dress Code**

Athletes and coaches should be dressed properly when representing an All Saints' Academy athletic team. This includes practices, game day and road trip attire. Denim is never acceptable. Teams should be dressed in like manner for practices and games with school issued gear or spirit pack items. Coaches should be dressed in athletic gear and athletic shoes for all practices. Uniform or team shirts may be worn to school on game days – all shirts must be tucked in. On Wednesday all school chapel days, uniform or team shirts may not be worn until after chapel.

- Students must travel to and from games in team uniforms, team warm-ups, team shirts, shirts and ties, or school dress code.
- Students are to look neat and clean at all times when representing All Saints' Academy. All shirts must be completely tucked in and worn at the natural waist line.
- Students are not permitted to wear jewelry, including body piercing or bandanas during practices or games.
- Athletes may be required to adhere to certain standards of grooming by coaches.
- Excessive makeup may not be worn.
- Undergarments may not be visible.
- If teams do not have standardized practice attire, the clothing worn must not be revealing or immodest.

### **Use of Facilities**

- In season school sports have priority for the use of athletic facilities. Students are not permitted to use any facility without direct supervision from a school employee and permission from the head coach and Athletic Director.
- The wearing of cleats is not permitted in the main part of the gym or gym foyer.

### **Fitness Center Use**

#### **Jack M. Berry Gymnasium Fitness Center**

The Fitness Center is located in the Jack M. Berry Gymnasium and is open to all students in grades 6-12. This facility is open every afternoon from 3:15 p.m. until 5:30 p.m. and is supervised by a professional staff member. The Fitness Center is designed to provide each student with the opportunity to develop physically and emotionally, whether preparing for a specific sport or to achieve general fitness. Our Fitness Center staff will work with individual students to identify goals and to develop a training program to achieve those goals. Students are asked to abide by the posted Fitness Center Rules upon entering the facility.

## **COACHES' RESPONSIBILITIES**

### **PRIOR TO THE SEASON:**

- Notify the players well in advance as to the official start of the season.
- Attend all FHSAA and District meetings as requested by the Athletic Director. This is mandatory. In case of an emergency and only an emergency notify the Athletic Director so he/she can attend.
- Try to find students that would like to be your manager, statistician, ball boy, water boy, etc.
- Familiarize yourself with All Saints' and FHSAA's guidelines.
- Get your facilities ready.
- Publish a practice calendar.
- Let the AD know well in advance of the season any equipment you need/want and any fund raisers you want to be involved in.
- Before the first practice, have a team/parent meeting (see Pre-season Parent Meeting, pg.9)

### **DURING THE SEASON:**

- Submit a roster to the athletic office on the first day of practice and after each change. Add uniform numbers as soon as possible.
- Distribute game uniforms and turn in completed and signed uniform distribution form to the athletic office. Uniforms are collected at the last game – check off the distribution list, wash and turn in to the athletic office.
- Distribute weekly itinerary to team and make sure each team member knows the travel plans.
- Call in ALL game scores to the Lakeland Ledger and the News Chief. Also keep the media informed about team and individual statistics (stats due each Tuesday to the Ledger). Football also has a requirement to notify FHSAA before 9:00 A.M. each Saturday following games.
- Notify the Athletic Director of any game ejections ASAP.
- Coordinate with the AD as to any requirements, rosters, or deadlines regarding District or higher tournaments.
- Check the med kit regularly to replenish contents and bring it to all games and practices.
- Keep up with facilities (line fields, sweep floors, drag fields). The athletic office will help as needed, but coaches need to plan time for preparation and clean up before and after games.

### **AFTER THE SEASON**

- Collect all game and practice uniforms, inventory all equipment and turn in to AD within five days
- Fill out and submit to the AD a "Year End Summary Sheet" within 10 days.
- Select players for awards.

- Present awards at the Sports Awards Ceremony.
- Promote your sport the best you can (i.e. announcements at chapel, flyers, summer camps)

Student interviews with any media must have a coach present at all times. In order to avoid conflict, please also insure that you keep the appropriate School Head and Athletic Director informed of scheduled or planned interviews with your players.

### Awards

**Varsity Letters** – In order for a student to letter, he/she must meet the following criteria:

- A student may not have more than three unexcused absences from practices.
- A student must attend all contests. Absence is permitted only in the event of illness, religious holidays, or family commitments such as weddings and religious events.
- A player must be a member of the team the entire season. A student who does not meet this standard may receive a certificate of participation only. Students injured during the season are still eligible to earn a varsity letter providing they have continued to attend practices and games, unless excused by the head coach.

**Senior Certificates** – All athletes who participate in a varsity sport in their senior year will be awarded a certificate recognizing their contributions by the All Saints' Booster Club.

Numbers of awards per team are based on team sizes and the number of participants in that sport. Coach's awards can be given a special meaning at the discretion of the coach.

### Middle School Expectations

All Saints' Academy is a member of the Florida High School Athletic Association and adheres to all rules and regulations of this governing body. All Saints' Academy schedules many contests in its middle school with non-FHSAA schools. In these contests, the following is a list of ASA's expectations that must be met before any inter-scholastic competition can occur.

- Sportsmanship is a must. Our middle school teams strive to win, but winning is not essential. Our teams will play in a competitive yet safe and nurturing environment.
- If our opponent intends to field a co-ed team, All Saints' must know at the time of scheduling.
- All competitors must be middle school age appropriate (see Age, page 5)
- All Saints' middle school coaches have the right to stop a competition at any time if conditions are deemed to be unsafe. If All Saints' must suffer a forfeit as a result, so be it.

The goals of middle school athletics are wide participation, the development of basic skills and the acquisition of the fundamentals of sportsmanship

### Club Sports

Club sports are rapidly growing in popularity. Although club sports are an avenue for athletes to further their skills in a particular sport outside the normal season, they can have a negative effect on an overall athletic program if athletes devote their time outside their season solely to club sports. It should be the ambition of every athlete to want to wear the jersey of their school in as many sports as possible without allowing club sports to interfere. It is possible to compete simultaneously in both All Saints' and club sports. Coaches should make every effort to work

with the schedules of athletes who compete in club sports. In situations of conflict however, All Saints' sports will take precedence.

### **Web Site**

Stay informed of all activities of the All Saints' Academy Athletic Department on our web site at [www.allsaintsacademy.com](http://www.allsaintsacademy.com). You will find schedules, updates, directions to away contests, rosters and much more under the Athletic Department prompt. To receive an automatic e mail regarding contest changes, go to the ASA web site, click on Campus Life, click on Athletics, click on Athletic Teams, select team, click on alerts and follow instructions.

### **Contact Us**

#### E-Mail Addresses

Dave Kormann, Assistant Head of School for Operations and Athletics –

[dkormann@allsaintsacademy.com](mailto:dkormann@allsaintsacademy.com)

Gina Baucom, Associate Athletic Director – [gbaucom@allsaintsacademy.com](mailto:gbaucom@allsaintsacademy.com)

Susan Antonik, Administrative Assistant – [santonik@allsaintsacademy.com](mailto:santonik@allsaintsacademy.com)

#### Up to date Schedules

[www.allsaintsacademy.com](http://www.allsaintsacademy.com)

#### Phone Numbers

Office – 863-595-1143

Fax – 863-291-3330